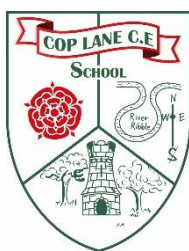




# Spirituality within PSHE





## Spirituality within PSHE at Cop Lane C.E. Primary School

Spirituality is key to teaching and learning in PSHE; at Cop Lane C.E. Primary School we focus on connections with others, recognising emotions and gratitude towards one another. Much of this is done through 'One Decision' and 'My Happy Mind'.

Through our PSHE learning we aim to foster self-awareness, empathy and a sense of purpose in our children. Personal development activities encourage self-reflection and the exploration of values and beliefs, deepening spiritual self-awareness.

Learning emphasises community, relationships, and cultural awareness, helping children appreciate connection and diversity, which are fundamental aspects of spirituality

All our children are encouraged to have dreams and aspirations for the future; Career's education is valued. We offer extra support and nurture to our most vulnerable pupils in our restless drive to ensure that everyone within our school family can flourish.

As part of our school ethos, we believe it is important to develop strong relationships with others. We encourage children to live out our Christian values as they develop their knowledge, concepts, skills and attitudes.

In PSHE, we give the children opportunities for creativity and the chance to explore, express, share and compare feelings and opinions with others.

Children are taught the importance of relationships and how to communicate and relate with each other effectively. PSHE helps the children to express awe and wonder, appreciate beauty in all its forms, and appreciate the connections and unity in the world by learning how their choices can make a difference to the environment and the rights and responsibilities they have in order to play a key role in making the World a better place.

At Cop Lane C.E. Primary School, we teach that each child is a unique being, a child of God, loved and accepted. As such, our school seeks to enable children to develop through an inclusive programme of teaching that is based on Christian principles, which both respects the human body and seeks to ensure health and well-being

Through the PSHE curriculum, we encourage the children to understand how to treat people with respect and when to say sorry, which is an important process that allows them to heal and grow from their experiences. Our PSHE curriculum helps encourage everyone to show kindness, care and compassion, and to understand how to communicate effectively.